

About
us



Meet the master

Beppe Mokuza Signoritti is a master in the Sōtō Zen tradition. For more than 35 years, he has devoted himself to Sumi-e and Zen meditation, bringing these two paths together.

Through his workshops across Europe, he invites participants to go beyond technique and discover a more spontaneous and authentic way of painting—and of being. Under his guidance, every brushstroke becomes an opportunity to develop concentration, freedom of expression and inner calm.

He is accompanied by monks and nuns who support the group throughout the workshop, including Sumi-e practice, meditation, Zen cooking and ceremonies.

A Workshop That Makes a Difference

By joining us, you are also supporting a meaningful non-profit project: the proceeds contribute directly to the development of the internationale Zen Temple Gyogenji in Italy and to its cultural, educational and humanitarian activities. **Learn, create and contribute to something meaningful.** Check the website: www.zentemple.it
Follow us @zen.temple.gyogenji

Info & Registration

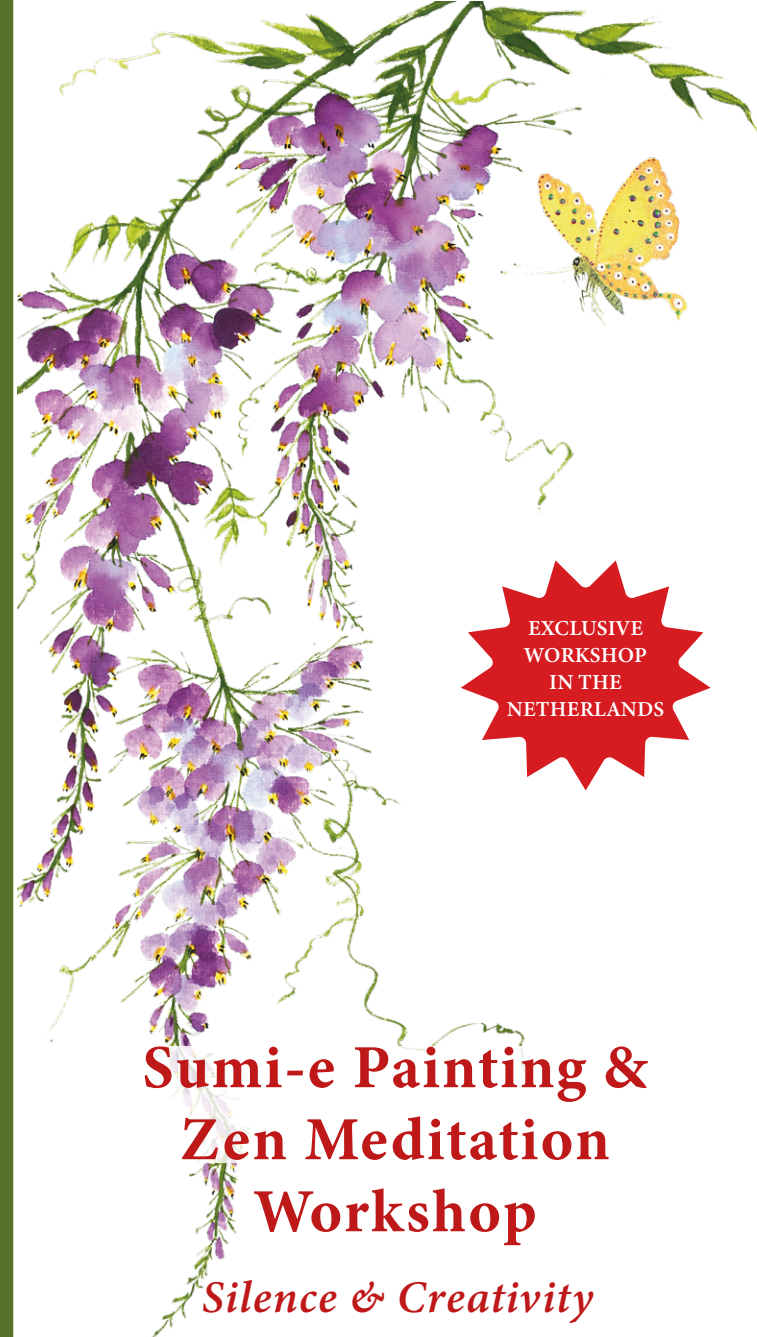
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Landgoed Leudal
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The Netherlands

*“Five days to slow down,
meditate, and paint. Explore
what unfolds when stillness and
creativity come together.”*



www.sumi-e.nl



Sumi-e Painting & Zen Meditation Workshop

Silence & Creativity

16 - 21 February 2027

led by Italian Zen & Sumi-e Master
Beppe Mokuza Signoritti

Program

Tuesday 16th of February

15.00–18.00 Arrival and registration · 18.15 Welcome and opening · 19.00 Dinner · 20.30 Introduction to Zen meditation

Wednesday 17th - Saturday 20th of February

07.00 Zazen and ceremony · 08.30 Traditional Zen breakfast · 09.00 Coffee and tea · 09.45 Samu* · 10.30 Sumi-e · 12.30 Lunch · 15.00 Sumi-e · 18.00 Zazen · 19.30 Dinner

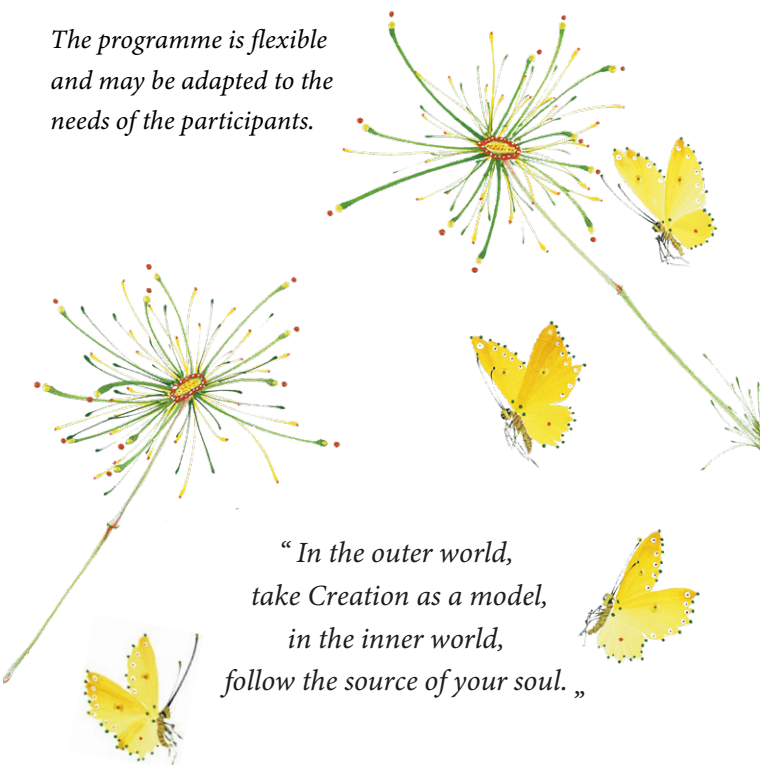
Sunday 21st of February

The workshop will conclude after a festive lunch, around 3pm.

*Participants are invited to join Samu, the Zen practice of mindful work, where simple tasks become an opportunity to cultivate attention, generosity and presence.

Breakfast and lunch are taken in silence and begin with traditional Zen chants. This practice invites us to receive the meal with mindfulness and gratitude.

The programme is flexible and may be adapted to the needs of the participants.



*“In the outer world,
take Creation as a model,
in the inner world,
follow the source of your soul.”*

Sumi-e

Sumi means black ink, *e* means painting.

This method of painting was introduced to Japan by Zen monks about eight centuries ago. It is an expressive art style in which reality is reduced to its pure, essential form. Students work in harmony, to refine their sensitivity and creativity, in a calm and silent atmosphere. Sumi-e is not about competing for a result, but rather about patient and benevolent work towards oneself.

The painting programme will focus on bamboo, the first and foundational subject in Sumi-e, and may also explore other themes from the Four Gentlemen: orchid, plum blossom and chrysanthemum.

The workshop is open to both beginners and experienced practitioners. Each participant receives personal guidance and can progress at their own pace.

Zazen

Za means to sit, *Zen* means meditation, truth.

Zazen reveals the pure and original spirit that exists in each of us, which is often obscured by our thoughts and emotions. It helps us to find a deep and natural connection in what unites us to other living beings.

Meditation is not mandatory.

If you would like to join us only for meditation, but not for painting, please get in touch.



The location: Conference Resort Landgoed Leudal

Located in the heart of Central Limburg, Landgoed Leudal is surrounded by a magnificent 900-hectare nature reserve, with peaceful woodlands, meandering streams and former sand quarries. The estate is the ideal setting for coming together in peace and tranquility.

The spacious hotel rooms feature two extra-long beds, a sofa bed and a private en-suite bathroom.

Participation Contribution

Shared twin room: € 890 per person

Single room: € 1.250 per person — limited availability

Zen & Samu only — no painting: price on request.

The participation fee includes:

- Comfortable accommodation. Bed linen & towels provided.
- Full board, including breakfast, lunch, afternoon tea and dinner, prepared with organic ingredients and fresh produce from the temple garden.
- All painting materials: practice paper, rice paper mounted on white cardboard, ink and a set of three brushes carefully selected through decades of teaching experience.

Would you like to use a professional development budget to attend, whether employed or self-employed? Contact us!

Cancellations made more than 20 days before the workshop are eligible for an 85% refund. After this date, fees are non-refundable.

